WORKSHOP – 3

<u>"SELF METAMORPHOSIS</u> " – Transformation of Your true <u>self.</u>

"Metamorphosis " is to transform from one thing into something greater . By transforming ourselves we became a creator.

How we create something:-

- We observe an object in the physical world with our sensory apparatus.
- When we have our goal, we need desire to do it.
- Once our intention is determined and we are ready to act.
- We move and do the action in the world.

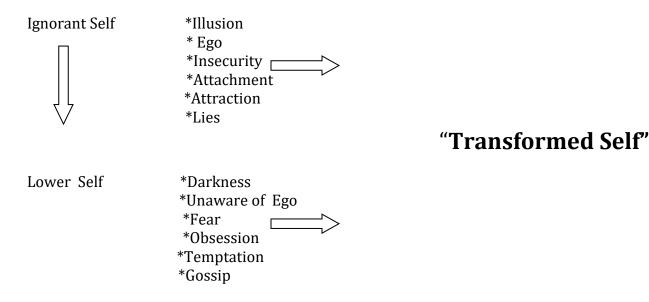
This workshop was organized by **"Matribodh "** – Family of Friends. The objective of this workshop is "Profound growth of oneself".

The Goal of this transformation is to establish love and peace on Mother Earth.

To awaken the truth within us , first it is very important to create the awareness of our innerself and for this , Transformation is required.

Do we know our trueself?

We all came from a source and that source we called Divine source. To bond and do selfless service. The Cause of our suffering is lack of love for divine source. So, it is very important to know the truth of innerself.



Once we are transformed ourself, we are connected to our divine source and experience the Love. We Transformed with –

- ✤ Light
- Dissolving Ego
- Truth
- ✤ Love
- Passion
- ✤ Positive talk with Love

"Peace within me is Peace with many, Peace with many is Peace with Nature"

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