

Jain Bharati Mrigavati Vidyalaya



International Yoga Day

To spread the awareness about the benefits of Yoga, 5th International Day of Yoga was celebrated with full zeal and enthusiasm at Jain Bharati Mrigavati Vidyalaya. Ms. Suman guided the participants about different Asanas and explained their importance in daily life. All were full of exuberance and participated wholeheartedly to make this event a huge success.