

Cir/DIPS/2019-20/043

January 22, 2020

Sports do not build character. They reveal it.

Dear Parent

-John Wooden

FIT INDIA - A HEALTHY INDIA Movement is launched by the Hon'ble Prime Minister of India. "A healthy man means a healthy family which ultimately leads to a healthy society. This is the only way to new India." **Physical fitness** is one of the most **important** key to a healthy body. ... **Physical fitness** is not just bending our body. It is about having cardiovascular and overall muscular endurance and strength, as well as a strong immune system, and most importantly, a satisfied state of your mind. Maintaining this vision and to keep the spirit of sports alive, the school is organizing **DISC - De Indian Skating Championship** on **Saturday, February 1, 2020 at 9.00 am in the school premises.**

For **DISC**, entries for Roller Skating Championship are under the following categories:

1. 300 mts. i.e. 3 rounds of the school Skating Rink
2. 500 mts. i.e. 5 rounds of the school Skating Rink

Participation fee for **DISC** is ₹ 500/- and can be submitted in cash to the coach/school reception along with the Consent Form. I, II and III positions will be awarded with Gold, Silver and Bronze medals respectively. Certificates and refreshments will be provided to all the participants.

Please note that parents whose wards are studying in Classes Pre School to Class II will have to make their own transport arrangement. However, it is a working day for Classes III onwards; so, children can come in their school transport at the regular time. Parents may accompany their ward during the championship.

The last date for submission of fee is January 27, 2020.

Seema Awasthi
Principal

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Consent Form for DISC

January 22, 2020

Name: (Master/Miss): _____ Class & Sec. _____

Father's/ Mother's Name: _____

Residential Address: _____

Date of Birth (DD/MM/YYYY): _____ Contact No. : _____

I wish my ward to participate in DISC:

Age Category (Years): Please Tick

Under 5yrs ☐ 5 – 7 yrs ☐ 7 – 10 yrs ☐ 10 – 13 yrs ☐

Skates preferred: Please Tick

Adjustable Skates ☐ Quads Skates ☐ Inline Skates ☐

Race option: Please Tick

For 300 mts. ☐ For 500 mts ☐ Both ☐

I undertake that my ward is physically fit to participate in the Championship. He/ She is not suffering from any disease. He/ She will uphold sportsmanship and participate in the true spirit of the game, shall support and be bound by the decision of the Organising Committee. I also undertake that the school or the Organising Committee will not be held responsible in case of any injury during the course of the championship for any compensation or otherwise.

I am paying ₹..... towards the Entry Fee for **DISC - De Indian Skating Championship.**

Parent's Signature _____