

INTER-HOUSE SWIMMING & BADMINTON COMPETITION 2022

Dear Students,

This is to inform you that Inter-House Swimming & Badminton Competition is going to be held on 14th & 15th July'22. Selection trials will also be held for the same as per the schedule. Those interested to participate must register themselves for the selection trials using the following links.

Swimming – <https://forms.gle/ABJwbaccQDKtd1n9>

Badminton – <https://forms.gle/Q3wpmCy6TebEeMzL8>

General Rules for both Swimming and Badminton

1. The three categories for both – boys & girls as follows.
Sub-juniors- Class 6th to 8th, Juniors – Class 9th & 10th & Seniors- Class 11th & 12th
2. A student participating in one category will participate in the same category in all other Inter-House sports competition throughout the year.

Rules & Regulations (For Swimming)

1. Only two students from each house are allowed to participate in one event.
2. A student can participate in maximum three events excluding Individual Medley and Relays.
3. Each participant should be in proper swimming costume. Caps are compulsory for girls.
4. It is necessary to touch the finishing point (i.e. wall) in order to qualify for a position.
5. In relay, each swimmer must touch finishing point before the next participant enters the pool.
6. In case there are no participants from any house in an event, then that event will not be conducted.
7. Participants should report 5mins prior to the events in proper costume.
8. Changes in participants' name are not allowed during the competition.
9. House interested for trials can come on the dates and time which is scheduled for them.
10. All events will be conducted on the TIME TRIAL basis and positions will be awarded accordingly.
11. Any non-participants found during the competition and trials, points of that house will be deducted.
12. Events for Swimming are as follows:-
 1. 25mts Free Style
 2. 50mts Free Style
 3. 100mts Free Style
 4. 25mts Back Stroke
 5. 50mts Back Stroke
 6. 25mts Breast Stroke
 7. 50mts Breast Stroke
 8. 25mts Butterfly Stroke
 9. 50mts Butterfly Stroke
 10. 100mts Individual Medley
 11. 4x50mts Free Style Relay
 12. 4x50mts Medley Relay

Rules and Regulations (For Badminton)

1. From each house minimum three and maximum four participants in each category can participate.
2. All matches will be on knock-out basis.
3. A team must report half an hour before the time of the scheduled match.
4. If a team does not report on time the walkover will be given to the opponent team.
5. If students are found roaming here and there before and after the match, that team will be disqualified.
6. There will be only one set of 21 points till semifinals and 3 sets of 15 points in finals.

Schedule for the Selection trial is given below-

The scheduled dates for the trials are as follows:-

FROM 7:40 onwards – (After the attendance)- Duration- 1Hr.

SWIMMING		BADMINTON	
Annapurna & Vindhya	05/07/2022	Nilgiri & Kailash	05/07/2022
Nilgiri & Kailash	06/07/2022	Aravalli & Dhaulagiri	06/07/2022
Aravalli & Dhaulagiri	07/07/2022	Annapurna & Vindhya	07/07/2022

+Note:-

- **House Mistress or one house teacher/2Prefects of all the houses must be present at the time of the trial of their respective houses.**
- **Participants must wear their House T-Shirt and Track pants/shorts all the time during the trials and competition.**
- **Students participating in the trials or competition must remain in their respective premises of trials and not roam around till the trials are over.**

Duly filled participant forms to be submitted by the House Incharges latest by 11.07.22 (Monday)

Principal

Sports Department