

Birla Vidya Niketan

(Sarala Birla Group of Schools)



SYNERGY

Edition IV, Volume IV

Entrepreneurship Award Ceremony

The Entrepreneurship Competition that began at grass-root level in the classrooms, urging the young, inventive minds to engage their incisive abilities and extract some pecuniary profits, over the span of a year, gathered the best -six finalist teams from classes IX and XI and turned what could only have been possible in their dreams into tangible reality. On February 5, 2018, the Chief Guest, Mr. Gaurav Mehta, CEO Dharma Life, congratulated the students on their largely successful endeavours and announced the prizes.



Award Ceremony by Beti Foundation

Principal, Mrs. Minakshi Kushwaha was honored by the Beti Foundation for her commendable work in the field of education. The Mayor of Delhi was also present in the ceremony



Farewell to Ms. Vinita Kaul

Mrs. Kaul's (PGT, Chemistry) beautiful journey of 32 years at BVN came to an end, as she bid adieu to her teaching years. On February 28, 2018, the staff members acknowledged the immeasurable love and seamless spirit that she had brought with her into the family of Birla Vidya Niketan.



The Seven Day Challenge by TERI

Astika Anand of class XI, was felicitated for her innovative idea on Sustainable Development by TERI School of Advanced Studies in collaboration with the Embassy of Sweden. She was honored in a special ceremony by the Ambassador Mr. Klas Molin at the embassy of Sweden.

Principal, Mrs. Minakshi Kushwaha was invited for the same.

Republic Day Celebrations



This year, like many other years before, the team of BVN organised various activities for Republic Day for students of classes VI to VIII. In an ingenious attempt to honor the national goal of 'Ek Bharat Shreshtha Bharat' the school celebrated the coalescence of the cultural and traditional matrix of Delhi and Sikkim.

The students of class VI presented a display on the glorious manifestation of diversity between the states of Sikkim and Delhi in form of mouth-watering cuisine, awe-inspiring history and splendid art. Eye-catching posters and travel brochures were prepared by the students of class VII.

A quiz was conducted for the students of class VIII to improve their general knowledge of the state of Sikkim to relay to them the vitality of nation building.



Citation Ceremony 2018

The batch of 2018, said their final goodbyes on January 22, reminiscing their treasured moments of joy and laughter for the one last time. The students from different classes relived their memories of the past fourteen years. They all received momentos as a token to remember their school life by.

The parents felt proud and delighted seeing their children in the limelight.

Each child felt special as the class teacher spoke a few lines about the child as he stepped on to the stage.

Star Teachers

Mr. Saroj Mohanty and Mr. Mridul Nath, the classical and western music teachers made us all proud by composing the music for the tableau for January 26, celebration. They added beautiful music to the Bali Yatra and the Ramayana of Indonesia. It was quite a challenge to get the Indonesian flavour to their music. But they did it with great panache.

ASEAN Summit

The BVN choir group had the honour of performing at the Taj during the ASEAN Summit. The melodies were beautifully guided by Mr. Saroj Mohanty.



Citation Ceremony

Good Evening India

On January 23, 2018, the 121st birth anniversary of Shri Subhas Chandra Bose, Principal Ms. Minakshi Kushwaha was invited as a panelist in the Good Evening India programme at Doordarshan, India's national public service broadcaster.

A Meeting with Mr. Ruskin Bond

On February 18, 2018, a group of twelve students accompanied by Ms. Bharti and Ms. Kuhu visited one of India's best authors for children as well as adults, Mr. Ruskin Bond at his residence in Landour, Musoorie. The students posed an array of questions, ranging from stories of his childhood with his grandmother and later his aunt, to his journey as a writer in London, Delhi and Dehradun. They embraced this golden opportunity of meeting the great spinner of yarns and even got their books autographed.

Visit to The Aravali Bio-Diversity Park

On February 8, 2018, fifteen students from the Environment Club visited the Aravali Biodiversity Park in Vasant Kunj, located on the South Central Ridge and spread over an area of 692 acres. They were accompanied by Ms. Seema Dutt and Ms. Shipra Malhotra. The students, being such enthusiasts of the biosphere, were overjoyed at the pleasure of being one with the nature.



Meeting with Ruskin Bond

Installing an Incinerator

Our Interact team of Mrs. Sumana Ganguly, Dr. Meghna Vig and Mrs. Pragya Joseph oversaw the installation of incinerator in the girl's washroom sponsored by the Rotary Club, this was an empowering venture to promote hygiene among school children.

Visit to Mewka

The Humanties students of class XII went to a day trip to the agricultural subsect of Gurugram. They also conducted a survey of a village (Mewka in Wazipur) as per their Geography curriculum.

Economics Workshop

Students of class XII, Economics attended a workshop on Finance and the Issue of Currency Function organised by the Financial Inclusion Department of the Reserve Bank of India. They learnt about various monetary functions of RBI.

Quiz Masters

V. Atishay Somayaji and Kartikeya Guatam of class XI secured a brilliant second position at the Asian Nobel Quiz Mania at Kathmandu organized by Secretive Media Limited where they ceased cash prize of Rs 3 lakh Nepali currency.

Mathematics Geniuses

Ridham Srivastava, Akshansh Bhanjana and Yogesh Narang clinched the second position at Infinity, an annual Mathematics Inerschool Competition organized by Aditiya Birla World Academy in association with BITS Pilani. Ninety nine students from 33 schools from all over India participated in this competition.



Astronomy Day

Comets & Rocket!

On February 6, 2018, the students in the modules 1 and 2 of the Astronomy Club celebrated the Astronomy Day. They showcased all their learning from their sessions through various interesting activities that launched them into the dark, mystifying deep sky. They built hydro rocket, studied comets and built miniature comets themselves, with dry ice.

Trips, Excursions & More



Class VI at Humayun's Tomb

After a year of endless activities and academics, class VI was taken for a tour to the Humayun's Tomb while students of grades VII, VIII and IX visited Qutub Minar and had some fun learning experiences.

The students of class X had an adventurous outing at the Shikhar Adventure Park located 20km from Gurgaon.



Class X at Shikhar Park





Innocence

By Anvi Chadda XA

All this while Leslie stood and watched him with a reproachful look on her face.

The next morning Joseph woke up to the sound of his bedroom's door closing before him. After freshening up he went to the kitchen only to be greeted by a note sitting on the face of the dining table.

Joseph

The last few days have been really tense for us. When you first returned home I was extremely excited for I thought I could finally start my life afresh. All my fantasies however were foiled.

However, there was still a spark of hope that someday things will improve. But after last night I'll never stop fearing the animal that you've become. I'm not saying that it's your fault or anything. It's just that I've already endured a lot. I'm sorry.

-Kshitij Gupta XB

Mirror Mirror

As the night dawned, he walked in through the door of his dingy dwelling, holding a bloodstained knife. As he walked through the dark hallway he could feel warm blood running all over his chest.

'It's been a bad day', he murmured in front of the mirror.

The full length mirror in his bedroom was his sole companion. He felt that it was an insight into his past.

As a war veteran Joseph hadn't known much comfort anyway. But being caught in the Iraq-USA war and returning home a prisoner of war after 7 long years scarred him for life. Unlike other wounds, this one refused to heal. The joy of homecoming that had sparked initially within his wife and son withered away pretty quick for he was too hurt to revive. Countless days went by but he would not say a word to anyone.

One fateful day Joseph and Leslie, his wife, went out for a walk.

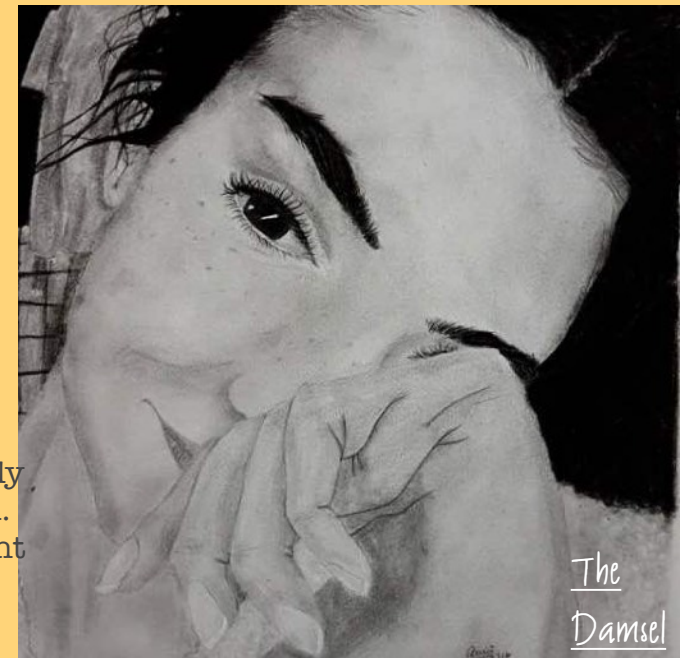
Suddenly a man holding a knife came, firmly held Leslie's hand and demanded Joseph's wallet. Joseph landed a punch on his stomach snatched the knife from his hand and stabbed him in his chest several times.

'Stop!' Leslie screamed with a look of horror on her face.

He severed his head off.

Joseph dragged the body all the way home. He put it in a giant plastic tub and poured Hydrofluoric acid all over it. Slowly the body dissolved.

'Nothing's illegal unless you get caught.' He said with a smirk on his face.



The Damsel

Throwing Tantrums and Throwing Things

Raise your hands if you've seen an actor, preferably male, throw things around while grumbling and wringing his hands in a particularly tense scene in a movie.

If it's a Hollywood one, a string of expletives probably follow soon enough.
I mean, if Hollywood does it, it's true, right?

Actually, Hollywood isn't the only proponent of hitting stuff when you get mad. The idea that pent-up anger can explode into aggressive rage has been met with waves of disapproving sighs and grunts in the Indian culture. But then again, a right hook to a punching bag is better than one to your superior. So somehow, it ends up making perfect sense.

Of course, except for the single tiny detail that it doesn't work.

In laboratory experiments, bludgeoning a punching bag or attacking a pillow actually seems to increase anger, not tame it. It's been tested several times, and there's virtually no scientific evidence to support the cathartic nature of this act.

In an old article, Steven Stosny, Ph.D., a therapist, explains that "Participants are training their brains to associate anger with controlled aggression rather than compassion and reconciliation."

Which means that going through the process again and again makes you crave it.
The rush of anger becomes appealing, addictive, even.

Then what works, you ask?
Certainly not suppressing the anger.

And dramatic outbursts never helped anyone, except as gossip fodder for the audience, of course. Instead of letting anger eat you up from the inside, try to act the way you wish you felt by finding a calm way to express your feelings—or take steps to distract yourself.

Sheena XB

From the Editors

This academic session of 2017-18 was an incredible journey for us as editors of the newsletter. Every article produced, every minute spent brainstorming was to explore our identities as budding writers.

Each issue of the newsletter is the outcome of hours of meticulous research from our side coupled with the invaluable support and guidance from our mentor, Ms. Shipra Malhotra. She gave us a pellucid sense of direction, for which we are eternally grateful. Carrying on this tradition was the highlight of our year, we hope that our work was welcome and appreciated.

-Mehak Vohra &

Sheena Choudhary

